Wool – A High Performance Fibre

Author: Dr Paul Swan

Fibre choice defines the performance and safety of our clothes.

Wool's resilience makes wool garments more comfortable as they move easily with the body while retaining their shape Professional risk takers and extreme sport athletes choose wool clothes to help them withstand extreme environmental conditions and protect them from exposure to severe situations.

Wool's natural properties offer

Thermo and Moisture Management

- Wool fibres create a microclimate for the body that can quickly adapt to changing situations
- Wool clothing can retain or release heat and moisture allowing the body to remain comfortable whether conditions are hot, cold, dry or wet ^{1,6}

Odour Management

- By absorbing moisture, wool reduces the amount of sweat on the body
- Less sweat on skin means less body odour
- Wool locks in odour compounds resulting in less smell coming from the garment^{2,8}

Resilience

- Wool fibres can bend 20,000 times without breaking
- A wool fibre can stretch to more than 30% if its length and then return to its original shape ³





Flame Resistance

- Wool is high in nitrogen and water making it naturally flame resistant
- Even exposed to heat above 570°C, wool won't melt onto the skin
- Wool emits less smoke and toxic gas than other fibres
- When exposed to fire wool can self-extinguish, preventing the spread of flame 4,7

UV Protection

- Wool offers natural UV protection by absorbing radiation throughout the UV spectrum
- Wool fabrics have a UV protection factor of 30+5

Anti-Static

- Wool retains moisture, making it less prone to building up a static
- This is an important factor in the operation of electrical equipment
- It is also one of the reasons that makes wool fabric a top choice for space travel 1,7



There is no doing laundry in space. Odour resistance makes wool fabric a natural choice for personnel of the $International \, Space \, Station. \, The \, high \, oxygen \, levels \, on \, a \, space \, station \, make \, flame \, resistance \, important \, too \, -as \, does \, a \, in the expectation and \, space \, station \, resistance \, important \, too \, -as \, does \, a \, in the expectation \, resistance \, resi$ lack of lint, which can clog up sensitive machinery.9,10





- Benisek., L, Harnett., P.R. and Palin., M.J., 1987, The influence of fibre and fabric type on thermophysiological comfort, Melliand Textilberichte 68, pp. 878-888 Laing R., Swan P. (2016) Wool in Human Health and Well-Being. In: Fangueiro R., Rana S. (eds) Natural Fibres: Advances in Science and Technology Towards Industrial Applications. RILEM Laing K., Swan F. (2016) Wool in Fulman Health and Well-Being. In: Fangueiro K., Kana S. (eds) Natural Fibres: Advances in Science and Technology Towards Industrial Applications. RILEM Bookseries, vol 12. Springer, Dordrecht
 Wood, E., 2009, Tangling with wool, A resource book of information and activities about wool and textiles, AgResearch
 Ingham, P. E., Edwards, R. J., Youngman, P., 1983. The flammability of apparel fabrics sold in New Zealand. Wool Research Organisation of New Zealand.
 Gambichler, T., Rotterdam, S., Altmeyer, P., & Hoffmann, K., 2001. Protection against ultraviolet radiation by commercial summer clothing: need for standardised testing and labelling. BMC derma-

- Gambichler, T., Rotterdam, S., Altmeyer, P., & Hoftmann, N., 2001. Frotection against unravious reasons by cology, 1, 6.
 Cone, L. Gene, 2009, Minimize Heat Stress, Chilton's Industrial Safety and Hygiene News, Volume 43, Issue 4, pp 39
 Collie, S.R. and Johnson, N.A.G., 1998, The benefits of wearing wool rather than man-made fibre garments. Lincoln, Christchurch, New Zealand, WRONZ.
 Sweating and body odour symptoms & causes, Mayo Clinic. https://www.mayoclinic.org/diseases-conditions/sweating-and-body-odor/symptoms-causes/syc-20353895 (accessed 27/11/2018)
 E. Orndorff, Space Wear Vision: Development of a Wardrobe for Life in Space Vehicles and Habitats https://ltrts.nasa.gov/archive/nasa/casi.ntrs.nasa.gov/20150004597.pdf
 Becky Ferreira, 2015, Space Station Chic: How NASA Is Engineering Better Indoor Clothes for Astronauts. Published on Vice.com 24/06/2015. Source accessed on 18.Oct. 2019 https://www.vice.com/en_us/article/ezv35a/space-station-chic-how-nasa-is-engineering-better-indoor-clothes-for-astronauts